

BALLET CALIENTE PRESENTS



# AMERICAN

## *Heirlooms*



JUNE 15 & 16, 2024

St. Mary's College of Maryland  
Dodge Performing Arts Center

# Performance Handbook

**REHEARSAL DATES/TIME**



**VENUE DIRECTIONS**



**IMPORTANT INFO**



**DANCER REQUIREMENTS**



**FOR PARENTS**



**LAST, BUT NOT LEAST**



# Performance Week Rehearsals

Review the schedule below for Performance Week Rehearsals.  
Pay attention to details like rehearsal location, time and Act.  
Class uniforms are **required** for all rehearsals.



## Saturday, June 8 All Cast Rehearsal at Ballet Caliente

- This rehearsal is MANDATORY for all dancers participating in the Performance.
- Dancers are required to attend in stage hair and makeup.
- Arrival and Departure times are staggered. If your dancer is scheduled to stay all day, please pack a water and lunch.
- Ballet 2 dancers: **pay attention** to your Act and your Supernumerary Scenes!
- **B2 M/W** Class & Supers in ACT II. **B2 T/Th** Class in ACT II, Supers in Act I.  
**B2 W/F** Jazz in ACT I, Ballet in Act II, Supers in Act II.

TIME	CLASS	LOCATION
9:00 AM	Technique - B5, JCo, SC	Studio A
	Technique - B3, B4	Studio B
9:30 AM	Arrival - B2 W/F, Magic Kingdom & At the Movie Supers	Studio C
9:45 AM	Act I Rehearsal	Studio A
11:00 AM	Dismissal - Magic Kingdom & At the Movie Supers (B2 T/Th Supers stay for Act II rehearsal)	Building Entrance
12:00 PM	Lunch Break	
12:15 PM	Arrival - B2 M/W, B2 T/Th, Parade Supers	Studio C
12:30 PM	Act II Rehearsal	Studio A
1:30 PM	Dismissal - B2, Parade Supers	Building Entrance
3:00 PM	Dismissal - B3, B4	Building Entrance
3:15 PM	Dismissal - B5, JCo, SC	Building Entrance

## Monday, June 10 Act I Rehearsal at Ballet Caliente

- Full costume required for Junior & Studio Company and all quick changes
- Note: no supernumerary rehearsals today. Classes rehearse by ACT.

<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>
<b>3:30</b>	Arrival - B5, JCo, SC	Studio A
<b>4:15</b>	Arrival - B2, B3, B4	B2: Studio C B3, B4: Studio B
<b>4:30 - 5:45</b>	Act I Rehearsal (cast A)	Studio A
<b>5:45 - 6:00</b>	Dinner Break	
<b>6:00 - 7:30</b>	Act I Rehearsal (cast B)	Studio A
<b>7:30</b>	Dismissal	Building Entrance

## Tuesday, June 11 Act II Rehearsal at Ballet Caliente

- Full costume required for Junior & Studio Company and all quick changes
- Note: no supernumerary rehearsals today. Classes rehearse by ACT.

<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>
<b>3:30</b>	Arrival - B5, JCo, SC	Studio A
<b>4:15</b>	Arrival - B2, B3, B4	B2: Studio C B3, B4: Studio B
<b>4:30 - 5:45</b>	Act II Rehearsal (cast A)	Studio A
<b>5:45 - 6:00</b>	Dinner Break	
<b>6:00 - 7:30</b>	Act II Rehearsal (cast B)	Studio A
<b>7:30</b>	Dismissal	Building Entrance

## Wednesday, June 12 Dress Rehearsal at Ballet Caliente

- Full costume required for Ballet 2 - Studio Company and all quick changes
- This is a Cast A rehearsal
- Note: no supernumerary rehearsals today.

<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>
<b>3:30</b>	Arrival - B5, JCo, SC	Studio A
<b>4:15</b>	Arrival - B2, B3, B4	B2: Studio C B3, B4: Studio B
<b>4:30 - 5:00</b>	Curtain Call Rehearsal	Studio A
<b>5:00 - 5:20</b>	Dinner Break	
<b>5:20 - 8:00</b>	Cast A Dress Rehearsal	Studio A
<b>ESTIMATED 8:00 - 8:15</b>	Dismissal	Building Entrance

## Thursday, June 13 Dress Rehearsal at Ballet Caliente

- Full costume, hair & makeup are required for Ballet 2 - Studio Company
- This is a Cast B rehearsal
- Prop/Set Loading immediately following rehearsals

<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>
<b>3:30</b>	Arrival - B5, JCo, SC	Studio A
<b>4:15</b>	Arrival - B2, B3, B4, Magic Kingdom, At the Movies & Parade Supers	B2: Studio C B3, B4: Studio B
<b>4:30 - 7:00</b>	Cast B Dress Rehearsal	Studio A
<b>6:30</b>	Dismissal - Supernumeraries	Building Entrance
<b>ESTIMATED 7:00 - 7:15</b>	Dismissal	Building Entrance

**Friday, June 14** No Rehearsal for Supers, Ballet 2,  
Ballet 3, Ballet 4 or Ballet 5 Dancers

**Saturday, June 15, 2024**

**Performance at  
Dodge Performing Arts Center**

**4:00 PM STAFF ARRIVAL**

**4:30 PM VOLUNTEER ARRIVAL**

**4:45 PM DANCER ARRIVAL**

**5:30 PM PERFORMANCE**

**Sunday, June 16, 2024**

**Performance at  
Dodge Performing Arts Center**

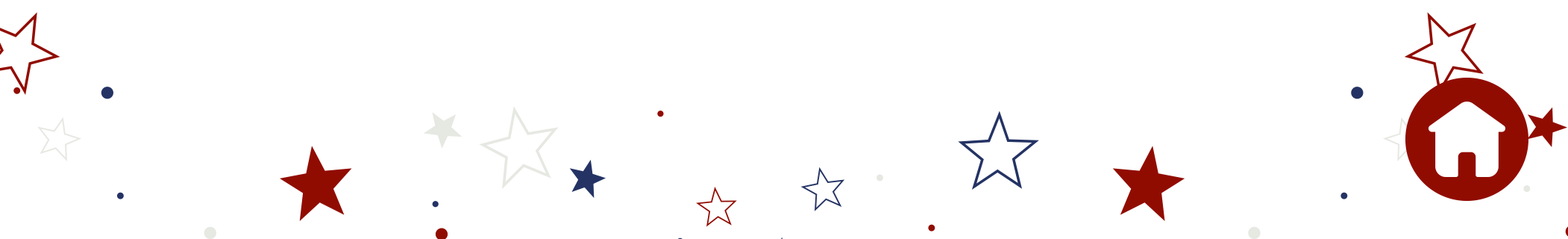
**4:00 PM STAFF ARRIVAL**

**4:30 PM VOLUNTEER ARRIVAL**

**4:45 PM DANCER ARRIVAL**

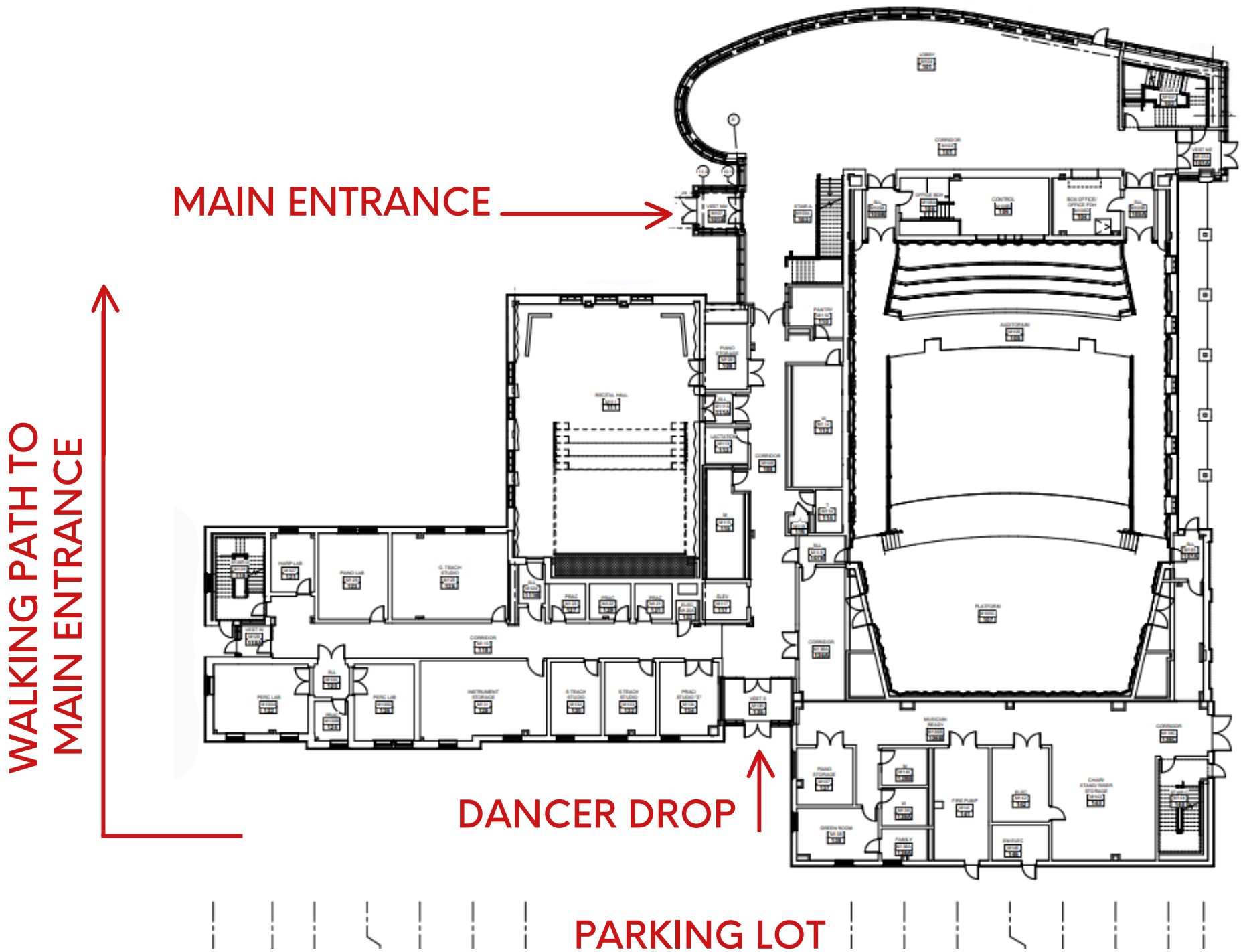
**5:30 PM PERFORMANCE**

Please note, all dancers will be dismissed at the conclusions of the performance. Please do not ask to have your dancer leave the theater at intermission.



# Directions

Ballet Caliente's performance of American Heirlooms will be held at St. Mary's College of Maryland in the new Nancy R. & Norton T. Dodge Performing Arts Center, located at **47645 College Drive, St. Mary's City, MD 20686.**



Whether you arrive via Rt. 5 South, or Rt. 235 South, please turn onto Mattapany Rd., and then turn onto College Dr. to efficiently access the Performing Arts Center. The building will be on your left as you enter.

Park in the lot directly behind the building, or across the street. You will see signs directing you to the Dancer Drop location, and into the building's Main Entrance.

## COMMUNICATION

WEBSITE

[www.balletcaliente.com](http://www.balletcaliente.com)

EMAIL

[schoolmanager@balletcaliente.com](mailto:schoolmanager@balletcaliente.com)

SOCIAL MEDIA

[@balletcaliente](https://www.instagram.com/balletcaliente)





# Important Information



- Dancers should arrive in their **tights, street shoes** and their **performance t-shirt (or coverup)**, NOT THEIR COSTUME!
  - If your dancer has a costume change, a flesh-colored dance undergarment is required.
1. Arrive promptly and escort dancer(s) to the **Dancer Drop** at the **back entrance** of the Dodge Performing Arts Center.
    - a. Dancer(s) will be greeted by backstage volunteer and escorted to designated classroom.
  2. Audience members walk around the building to enter through the **Main Entrance**.
    - a. Have your tickets/QR code ready for Ticket Scanners.
    - b. Browse our or merchandise and flower sales tables.
  3. Restrooms are located down the hall.
  4. **Dismissal** will be conducted by class via loudspeaker.
    - a. Supernumerary and Ballet 2 dancers will be dismissed into the **LOBBY**.
    - b. Ballet 3, Ballet 4, Ballet 5 and Company Dancers will be dismissed through the **BACK EXIT (same as drop-off)**.  
Parents, please exit the building, walking around to the back entrance to collect your dancer(s).

We greatly appreciate your adherence to our time schedule and instructions as we release dancers by class. Our goal is to provide a positive experience for everyone!



# Dancer Requirements



## 01 COSTUMES & COSTUME CHANGES

**General:** Class costume related specifics will be distributed by teachers. Please refer to your child's instructor for costume details.

**Ballet** – Tights\*, Ballet slippers or split sole slipper (canvas preferred) with sewn-on elastic

\*Skin tone tights are available, and at Ballet Caliente we are supporting the classical line, so if you choose to purchase skin tone tights, then you should match your shoes to your tights. Please refer to the links at the bottom of [this page](#) for guidance.

**Jazz** – Tights to match shoe color, Jazz shoes

**Contemporary** – Stirrup tights, bare feet

- Arrive in a cover-up (we suggest performance t-shirt and shorts) and tights. **Hair and makeup should be performance ready.**
- DO NOT wear underwear under tights. It can be seen and looks unsightly. Much like you wouldn't wear underwear under your swimsuit.
- Dancers may choose to wear a dance undergarment with clear or flesh-colored straps.
  - An undergarment is **required** for dancers with costume change. No stick-on or strapless bras.
- Parents may wish to purchase new tights and shoes. Dancers should have an extra pair of tights for the performance just in case a run or hole appears before the show. **NEW!** Visit our [Nimbly Shop](#) to purchase your Performance Essentials!
- **Label all costume pieces, shoes and tights!** Items should be labeled in a location that is not visible to audience members.
  - Index cards can be a useful labeling tool! Dancers should write their name at the top of the card, and list their dances in order, along with each piece of their costume for that dance.

EXAMPLE: Jane Smith

Act I, #9 Breakfast at Tiffany's (Pointe 4)

pink tights, pointe shoes, black costume, hairpiece



## 02 STAGE MAKEUP & HAIR

Make-up is necessary in a theater setting, as the bright lights drown-out dancer features. Children should not look “made-up.” Apply make-up to your child as though you were applying it to yourself for an “everyday look”. Older dancers will require a little bit more.

- Eyeliner- Black. Extended beyond the eye in a “V” shape
  - B5, JCo, SC: extend eyeliner straight out. From the middle of your lower lashes, draw the line straight out. The top line comes out from the point where the top of your eyeball makes a crease in the skin.
- Mascara
- Lipstick- True Red only.
- Blush- on apples of cheeks.
- Eye shadow in neutral tones, white highlighter below the brow.
- **Boys**, a little blush, eyeliner and neutral lip liner will define their features. Hair sprayed or gelled back (see No Bangs section below).
- **Hair MUST be pulled up in a high bun, no part. Secure hair with a hair net, bobby pins and gel or hair spray. French twist is acceptable if hair is too short for a bun.**
- No bangs. If a dancer wears bangs, the stage lights will cast a large shadow on the dancer’s face. If you need help or a bun lesson, head to our website for helpful hair tutorials. Hair pins, not bobby pins work best.
- Please DO NOT use scrunchies, colored clips, pins, elastics or any other hair ornaments, other than what is costume related.
- Dancers may not wear jewelry of any kind. All piercings should be removed.
- Clear fingernail polish only.
- Use sunscreen when outdoors prior to the performance. Bathing suit lines look unsightly on stage.
- There is no limit to Body Glitter!

For more hair and makeup tutorials, check out our [\*\*Performance Ready Tutorials\*\*](#) under the Parent Resources tab on our website.



# For Parents



## PERFORMANCE TICKETS

- Recital tickets are \$25.00- \$30.00
- Ticket sales open **May 15 at 3pm**
- Purchase tickets online at [eventbrite.com](https://www.eventbrite.com) (processing fee applies)
- All ticket sales are final, and Ballet Caliente will not replace lost tickets
- All seating is assigned
- Children over the age of 2 require a ticket
- Dancers do not require a ticket. Dancers will remain backstage for the duration of the show

## PHOTOGRAPHY

- A professional company will photograph our events. **Personal photography and videotaping are not allowed.**
- Photography is prohibited for the safety of our dancers

## FLOWERS & SOUVENIRS

It is traditional for a dancer, to receive flowers, or gifts from their admirers(parents) after the performance. This tradition is purely optional and we only mention it to you so that no one will be left out. Please present your dancer with their gifts or flowers **after the event.**

- For your convenience, Ballet Caliente sells flowers which are delivered to the event and may be picked up before show time. These flower bouquets are reasonably priced and may be ordered at our [Ballet Caliente Shop](#). Deadline to order is **Saturday, June 1.**
- Commemorative Memory Books will be available for pre-order through our shop, and available for pickup at the venue. Parents may opt to purchase a 1/4, 1/2 or full page recognition to celebrate their dancer. **Deadline to order is Saturday, June 1.**



# Last, But Not Least



## 01 BACKSTAGE MOMS & VOLUNTEERS

**Volunteers** are requested for: Backstage moms, ushers, merchandise sales, ticket sales, ticket scanners & flower sales. We appreciate your willingness to volunteer! [Sign up now!](#)

**Backstage Moms** will supervise classroom & take attendance as dancers arrive.

- Please note, you will not be able to watch the show from the theater while volunteering, but there will be a live stream of the show to all backstage classrooms.

## 02 AUDIENCE ETIQUETTE

Part of one's agreement as an audience member is to take seriously the pleasure of others, a responsibility fulfilled by quietly attentive (or silently inattentive) and self-restrained behavior. After all, you can be as demonstrative as you like during bows and curtain calls.

1. If you bring a child, make sure etiquette is part of the experience. Children love learning new things, but parents should judge carefully when deciding if a child is ready to watch a performance.
2. Make sure all cell phones, and signal watches are OFF. And please, don't jangle the bangles.
3. Note to lovebirds: When you put your heads together, you block the view of the person behind you. Leaning forward also blocks the view.
4. Thou shalt not talk, or hum, or sing along, or beat time with a body part.

**Please Note:** digital programs will be available to download in advance. Cell phone use is prohibited in the theater. Please print your paper copy prior to the show, or purchase a keepsake Commemorative Memory Book from our [SHOP](#).

*Thank you and enjoy the show!*

